

15/11/2023

Extended briefing for NCF members on CQC's new regulatory model for social care and wider CQC approach – November 2023

Context

The CQC started to implement elements of their current approach and the KLOES in 2012 and the full rollout for adult social care services began in 2014. Since then, they have completed a full round of inspections for all registered services using the current methodology (with a few exceptions depending on the date they registered with the CQC). This, along with their new thinking set out in their strategy, has caused them **to take a fundamental look at their current regulatory model**, added to which we have had the pandemic and of course, the CQC now have the duties of oversight for local authorities & Integrated Care Systems.

CQC resources

There are various resources that the CQC have produced to help us all understand their thinking as they make progress on developing their new regulatory model.

CQC Webpages

- <u>New approach to assessment webpage</u>
 - Key questions and quality statements
 - o <u>Evidence Categories</u>
 - People's experiences of health and care
 - o <u>I statements</u>
 - Assessing quality and performance
- LA webpage
- ICS webpage

Podcasts

- a <u>podcast sharing the experiences of providers</u> who have been part of research and engagement
- a podcast sharing an update on local authority assessments and why they matter
- a <u>podcast about local authority assessments</u>, featuring a Q&A session with Community Care

Videos and Webinar Recordings

- <u>Video</u> describing when and how CQC is changing
- <u>Video</u> introducing the new provider portal
- <u>Video</u> describing how to submit notifications on the new provider portal
- Video on <u>quality statements</u> and a video on <u>evidence categories</u>
- <u>Webinar</u> on how and when CQC are implementing their new assessment approach and provider portal
- <u>Webinar</u> on quality statements and evidence categories



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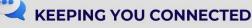


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"I can't thank NCF enough for the support, guidance and advice they've given me and for their tireless advocacy for our sector. I love the supportive fortnightly virtual members calls and I've really valued all the connections that NCF have made for me." Claire Rintoul, CEO, Sheffcare



NCF Briefing on the New Regulatory Model

This briefing is designed to update you on what we know so far about the new regulatory model as of the start of November 2023.

It features information about:

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Anthony Collins

This briefing has been prepared with support from Freya Cassia and Tim Coolican from the regulatory team at Anthony Collins.

Members seeking legal advice in relation to the new framework can contact them by email:

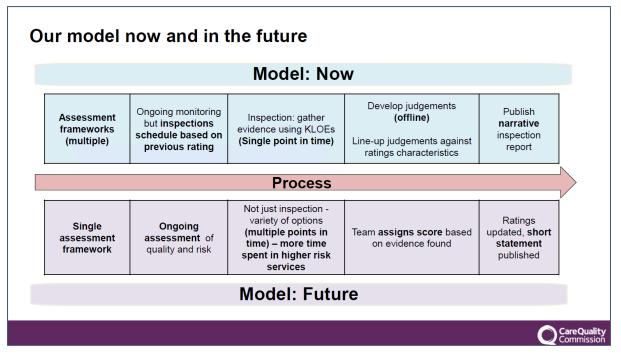
Freya.Cassia@anthonycollins.com and Tim.Coolican@anthonycollins.com

Where NCF members are subject to assessment under the new framework and want to consider their options to challenge the approach, ACS can offer a free 20-minute consultation to talk about your concerns and options.



Understanding what is changing

The CQC intends to make these changes to implement their new strategy and take learning from running the current model. They have a number of frameworks for health & for social care, which are detailed & complex, with lots of duplication. They are creating a **single assessment framework** that gives a single set of expectations, a single definition of quality, in plain English, that works for all the different sectors and organisations/systems that they have regulatory oversight of – so care providers, health providers, local authorities, ICS – the CQC are aiming to use the single assessment framework for them all, with some flexing on aspects of detail, **to deliver a simpler, more structured & transparent regulatory model.**

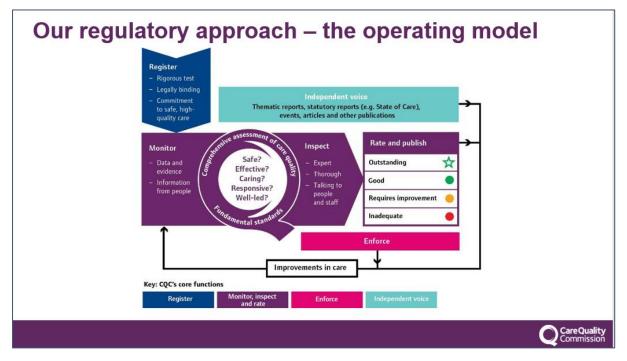


CQC monitoring function

In this future model, they are moving to an ongoing assessment model, the so-called 'smarter more dynamic regulatory approach 'where they can consider new information as it arrives, and then update their judgements & assessments accordingly. In the old model, judgements & assessments were all done via inspection, which is only a single point in time, and they then take that information & insight away, consider what they found, use KLOEs & the 70 pages of ratings characteristics, then reach a judgement to come out with a rating and a narrative based report.



Understanding what is not changing



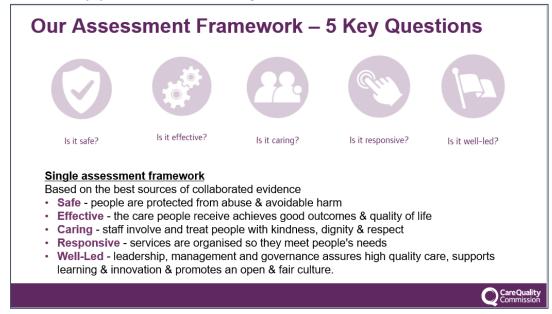
Their **overall regulatory core functions remain unchanged** – these are to register, monitor, inspect and rate, enforce and provide an independent voice.

The fundamental standards remain unchanged:







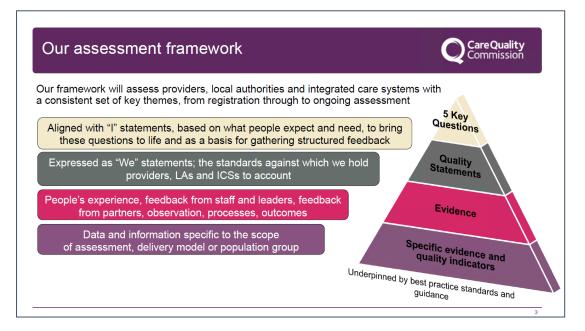


Understanding the new regulatory model

The **single assessment framework** is designed to be clearer, shorter and a better articulation of what good looks like. The idea is to deliver an ongoing assessment of quality & risk that can respond to new information more readily, whether that relates to risk or improvement, as they don't have to feed it through a separate inspection process; instead, the CQC view is that it can enable timely action now to update judgements and assessments.

Inspections are still important, but site visits will not always be the core approach for all service models or LAs or ICSs; it depends on the context, and they are keen to use time on site for key assessment purposes that cannot be achieved another way, such as observing care & staff interaction, using equipment & assessing the overall environment.

Overview of the single assessment framework - One assessment framework to inspect them all!





The CQC have developed a single assessment for health & care providers, LAs & ICS; this is intended to give consistent themes from registration through to ratings. Note that they won't apply the whole framework to LAs & ICS but will use a core subset.

The single assessment retains the 5 Key questions but now brings those to life with quality statements based on the Think Personal Act Local 'I' statements – these have already been created by people who use services to say what good, person-centred care means to them. The CQC have worked with Think Local Act Personal on this, using the <u>Making It Real</u> statements they developed a few years ago to describe what good person-centred care looks like.

Quality Statements – these are framed as 'We' statements and cover what a provider, commissioner, and system leader need to do to deliver a standard of 'good'; they are the commitments they must all make, honour and live up to in order to deliver good quality care.

Each key question has a number of quality statements underneath it and these replace all the KLOES as the standards against which the entity being assessed (service/ LA/ ICS) will be judged & assessed. They form the new standards that CQC will assess against and they are pitched at the level of 'good'.

Evidence categories: In the old model, there are 335 KLOEs & prompts, and on further analysis, the CQC finds that they are all essentially 6 questions, which form the **6 new evidence categories**:

- 1) Experience of people using care & support
- 2) Feedback from staff & leaders
- 3) Feedback from partners
- 4) Observation
- 5) Insight from Policies, processes & procedures
- 6) Insight from structured performance & outcomes metrics

The CQC view is that if they start with the Quality Statements & then gather evidence under the 6 categories, it will provide a more structured, simpler, clearer approach. They say that they have found over the last 10 years of the current methodology, that evidence can be grouped together into six broad categories. In putting these into the assessment framework, they say they can be clearer with providers about the evidence they need to collect and be more transparent about what they have done with it.

New scoring system: this uses a 4-point scale, where 1= inadequate and 4 = outstanding & will consider if the evidence provided meets the criteria of 'good' or not. It will apply at the level of the 6 evidence categories and will then feed up into the scores for the 5 key questions which will then drive the overall rating.

An overall rating will be the combination of scores at evidence category, quality statement and then key question level. The CQC teams will then review the evidence they have against each required evidence category and give a score of between 1 and 4 based on the strength of what they find. They will take an average of these scores to give us a score for that quality statement. (see page 23 for a worked example.)

Reporting: The CQC are keen to be more timely in how speedily they publish reports & they believe that the single assessment framework and the scoring approach & moving away from a single point in time judgement to more iterative judgements over time will be a beneficial approach in achieving this. We look at the quality statements, evidence categories & scoring in more detail below.



NCF Observations

Balancing different sources of evidence: The new single assessment is welcome in its focus on the experience of people using care and support and feedback from staff/leaders/key partners. However, as we know, there is a human tendency to put a lot more effort into complaining as opposed to complimenting, so it is essential that a) providers have an opportunity to respond to concerns raised prior to any monitoring judgement, b) there is a balance in the algorithm/weighting to ensure a degree of triangulation of the experiential evidence and c) that the commissioning environment evidence and impact is properly considered as well as perception – oversight of LAs and ICSs should certainly help here.

Evidence categories and scoring: this has the welcome potential to improve the consistency of the assessment and rating process, since all inspectors/ CQC colleagues should be following the same structured process in assessing and scoring evidence. However, at present, we do not have enough information to be confident that there are clear, transparent, and widely understood parameters for each scoring judgement, so there is a strong risk of different views amongst inspectors of what constitutes, for example, a score of 1 vs a score of 2 and providers are in the dark as to what the parameters for each score actually looks like. Much more detail is needed on the scoring parameters and, without transparency & clarity, this feels likely to be an area of significant challenge from providers.

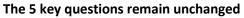
Rating limiters – The CQC have published guidance in relation to rating limiters which may mean that some evidence categories can more easily pull down a rating. Essentially, if a key question score is within the 'Good' range but there is a score of 1 for one or more quality statement scores, the rating is limited to 'Requires Improvement'. There is a similar rule for key question scores which are in the 'Outstanding' range, where if there is a score of 1 or more for one or more quality statement scores, the rating is limited to 'Good'. This means that even if a provider receives scores of 3 and 4 for most evidence categories, poor feedback, e.g., from staff or people being supported, might well limit the rating.

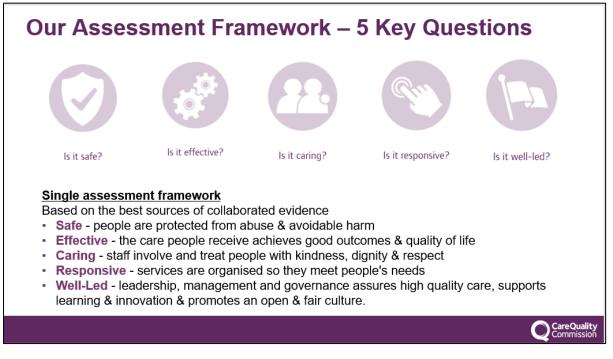
Timings also matter - when combined with the 'always on, dynamic monitoring' and a phased approach to evidence gathering, there is the potential for the new approach to be very unfair if ratings may be amended based on a small slice of evidence. The timetable for updating evidence categories and then scoring them and amending ratings is crucial here – if it is all done at once, then the overall process will provide a valid, real-time view of the quality of the service being delivered. However, if it is done in phases – such as viewing performance metrics every six months, seeking feedback from people using the service every 12 months, talking to staff every 2 years, seeking updated processes and policies every 2 years and visiting to do observations on site every 3 years, then making an assessment via scoring of only some of those evidence categories at a point in time when only some of the information is available will not be providing a holistic or credible view of the overall quality of service and will not provide a valid overall rating.



Getting into the detail of the single assessment framework







Quality statements

There are 34 quality statements in total.

Each of the 5 key questions has a number of quality statements that must be demonstrated - they are on the CQC website – see <u>here</u> – but we have grouped them onto slides to make it easier to see them in one place.



Remember – these are the commitments that providers, commissioners and system leaders should live up to. Expressed as 'we statements', they show what is needed to deliver high-quality, person-centred care.

Key question Safe has 8 quality statements designed to demonstrate this: Safety is a priority for everyone, and leaders embed a culture of openness and collaboration. People are always safe and protected from bullying, harassment, avoidable harm, neglect, abuse and discrimination. Their liberty is protected where this is in their best interests and in line with legislation.

Key question Effective has 6 quality statements designed to demonstrate this: People and communities have the best possible outcomes because their needs are assessed. Their care, support and treatment reflect these needs and any protected equality characteristics. Services work in harmony, with people at the centre of their care. Leaders instil a culture of improvement, where understanding current outcomes and exploring best practice is part of everyday work.

Key question Caring has 5 quality statements designed to demonstrate this: People are always treated with kindness, empathy and compassion. They understand that they matter and that their experience of how they are treated and supported matters. Their privacy and dignity is respected. Every effort is made to take their wishes into account and respect their choices, to achieve the best possible outcomes for them. This includes supporting people to live as independently as possible.

Note the quality statement no 5 about staff wellbeing for the key question Caring: Workforce wellbeing and enablement - We care about and promote the wellbeing of our staff, and we support and enable them to always deliver person-centred care.

This is a new area of focus and has very limited evidence categories so needs careful thought & preparation. The evidence categories for this quality statement are 1) feedback from staff and leaders and 2) processes. The types of processes they will look at are stated to be *mechanisms to monitor, improve and promote staff safety and wellbeing, staff management policies and staff sickness, vacancy and turnover rates.*

Since the score for this quality statement rests so heavily on staff feedback, providers will need to consider how they can obtain feedback from staff that notes the positive aspects of the service especially as staff can often be more vocal about things that they are unhappy about than things that work well. Providers will also need to consider how well they are likely to score in relation to the types of process-related evidence and what they can do to improve this.

In a service facing challenges around staffing, retention and recruitment it appears that this is a quality statement where there is a risk of a low score, which could then act as a rating limiter for Caring.

Key question Responsive has 7 quality statements designed to demonstrate this: There is an inclusive and positive culture of continuous learning and improvement. This is based on meeting the needs of people who use services and wider communities, and all leaders and staff share this. Leaders proactively support staff and collaborate with partners to deliver care that is safe, integrated, person-centred and sustainable, and to reduce inequalities.

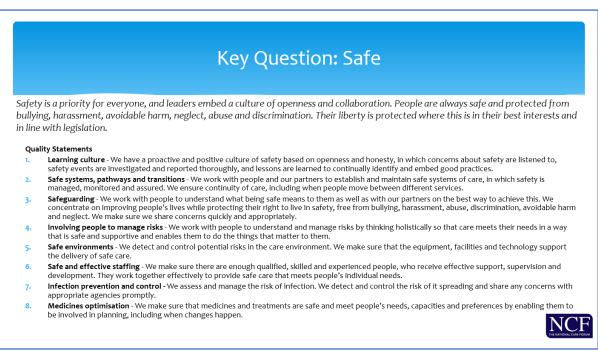
Key question Well Led has 8 quality statements designed to demonstrate this: There is an inclusive and positive culture of continuous learning and improvement. This is based on meeting the needs of people who use services and wider communities, and all leaders and staff share this. Leaders



proactively support staff and collaborate with partners to deliver care that is safe, integrated, person-centred and sustainable, and to reduce inequalities.

Note the quality statement no 8 about Environmental sustainability: Environmental sustainability – sustainable development - We understand any negative impact of our activities on the environment and we strive to make a positive contribution in reducing it and support people to do the same. This is definitely a new area of focus and we have asked for more detail about what it actually means/ is looking for.

Key Questions and Related Regulations



Related Regulations: Safe

 X – Regulated Activities Regulations 2014
 X – Can also consider from Regulated Activities Regulations 2014

	Quality Statements: Safe							
CQC Related Regulations	Learning Culture	Safe Systems Pathways and Transitions	Safeguarding	Involving people to manage risks	Safe environments	Safe and effective staffing	Infection prevention and control	Medicine optimisation
Reg 9: Person-centred care		x	x	x				х
Reg 10: Dignity and Respect			х	x				
Reg 11: Need for consent			х	x				x
Reg 12: Safe care and treatment	х	x	х	х	х	х	x	х
Reg 13: Safeguarding service users from abuse and improper treatment			x					
Reg 14: Meeting nutritional and hydration needs								
Reg 15: Premises and equipment					x		x	
Reg 16: Receiving and acting on complaints	x							
Reg 17: Good governance	х	x	x		х		x	
Reg 18: Staffing						х		
Reg 19: Fit and proper persons employed						х		
Reg 20: Duty of candour	x		x					



Key Question: Effective

People and communities have the best possible outcomes because their needs are assessed. Their care, support and treatment reflects these needs and any protected equality characteristics. Services work in harmony, with people at the centre of their care. Leaders instil a culture of improvement, where understanding current outcomes and exploring best practice is part of everyday work.

Quality Statements

- 1. Assessing needs We maximise the effectiveness of people's care and treatment by assessing and reviewing their health, care, wellbeing and communication needs with them.
- 2. Delivering evidence-based care and treatment We plan and deliver people's care and treatment with them, including what is important and matters to them. We do this in line with legislation and current evidence-based good practice and standards.
- 3. How staff, teams and services work together We work effectively across teams and services to support people. We make sure they only need to tell their story once by sharing their assessment of needs when they move between different services.
- 4. Supporting people to live healthier lives We support people to manage their health and wellbeing so they can maximise their independence, choice and control. We support them to live healthier lives and where possible, reduce their future needs for care and support.
- 5. **Monitoring and improving outcomes** We routinely monitor people's care and treatment to continuously improve it. We ensure that outcomes are positive and consistent, and that they meet both clinical expectations and the expectations of people themselves.
- 6. Consent to care and treatment We tell people about their rights around consent and respect these when we deliver person-centred care and treatment.



Related Regulations: Effective

X – Regulated Activities Regulations 2014 X – Can also consider from Regulated Activities Regulations 2014

		Quality Statements: Effective					
CQC Related Regulations	Assessing needs	Delivering evidence-based care and treatment	How staff, teams and services work together	Supporting people to live healthier lives	Monitoring and improving outcomes	Consent to care and treatment	
Reg 9: Person-centred care	х	х	x	х	x	x	
Reg 10: Dignity and Respect	x	х		x		x	
Reg 11: Need for consent	x	x		х		х	
Reg 12: Safe care and treatment	х	х	x	х	х		
Reg 13: Safeguarding service users from abuse and improper treatment							
Reg 14: Meeting nutritional and hydration needs		x					
Reg 15: Premises and equipment							
Reg 16: Receiving and acting on complaints							
Reg 17: Good governance	x	х	x		x		
Reg 18: Staffing							
Reg 19: Fit and proper persons employed							
Reg 20: Duty of candour							



Key Question: Caring

People are always treated with kindness, empathy and compassion. They understand that they matter and that their experience of how they are treated and supported matters. Their privacy and dignity is respected. Every effort is made to take their wishes into account and respect their choices, to achieve the best possible outcomes for them. This includes supporting people to live as independently as possible.

Quality Statements

- Kindness, compassion and dignity We always treat people with kindness, empathy and compassion and we respect their privacy and dignity. We treat colleagues from other organisations with kindness and respect.
- 2. Treating people as individuals We treat people as individuals and make sure their care, support and treatment meets their needs and preferences. We take account of their strengths, abilities, aspirations, culture and unique backgrounds and protected characteristics.
- Independence, choice and control We promote people's independence, so they know their rights and have choice and control over their own care, treatment and wellbeing.
- 4. **Responding to people's immediate needs** We listen to and understand people's needs, views and wishes. We respond to these in that moment and will act to minimise any discomfort, concern or distress.
- 5. Workforce wellbeing and enablement We care about and promote the wellbeing of our staff, and we support and enable them to always deliver person centred care.

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Related Regulations: Caring

 X – Regulated Activities Regulations 2014
 X – Can also consider from Regulated Activities Regulations 2014

	Quality Statements: Caring					
	Kindness, compassion and	Treating people as individuals	Independence, choice and control	Responding to people's	Workforce wellbeing and enablement	
CQC Related Regulations	dignity			immediate needs		
Reg 9: Person-centred care	х	х	x	x	х	
Reg 10: Dignity and Respect	х	х	x	х		
Reg 11: Need for consent				х		
Reg 12: Safe care and treatment	x		х	х	x	
Reg 13: Safeguarding service users from abuse and improper treatment						
Reg 14: Meeting nutritional and hydration needs		х				
Reg 15: Premises and equipment		x				
Reg 16: Receiving and acting on complaints				x		
Reg 17: Good governance					х	
Reg 18: Staffing					х	
Reg 19: Fit and proper persons employed						
Reg 20: Duty of candour						



Key Question: Responsive

People and communities are always at the centre of how care is planned and delivered. Their health and care needs of people and communities are understood and they are actively involved in planning care that meets these needs. Care, support and treatment is easily accessible, including physical access. People can access care in ways that meet their personal circumstances and protected equality characteristics.

Quality Statements

- 1. **Person-centred care** We make sure people are at the centre of their care and treatment choices and we decide, in partnership with them, how to respond to any relevant changes in their needs.
- 2. Care provision, integration, and continuity We understand the diverse health and care needs of people and our local communities, so care is joined-up, flexible and supports choice and continuity.
- **Providing information** We provide appropriate, accurate and up-to-date information in formats that we tailor to individual needs.
- 4. Listening to and involving people We make it easy for people to share feedback and ideas or raise complaints about their care, treatment and support. We involve them in decisions about their care and tell them what's changed as a result.
- 5. Equity in access We make sure that everyone can access the care, support and treatment they need when they need it.
- 6. Equity in experiences and outcomes We actively seek out and listen to information about people who are most likely to experience inequality in experience or outcomes. We tailor the care, support and treatment in response to this.
- 7. Planning for the future We support people to plan for important life changes, so they can have enough time to make informed decisions about their future, including at the end of their life.



Related Regulations: Responsive

X – Regulated Activities Regulations 2014 X – Can also consider from Regulated Activities Regulations 2014

	Quality Statements: Responsive						
CQC Related Regulations	Person-centred care	Care provision, integration, and continuity	Providing information	Listening to and involving people	Equity in access	Equity in experiences and outcomes	Planning for the future
Reg 9: Person-centred care	x	x	x	x	x	x	x
Reg 10: Dignity and Respect	x	x		x	x	x	х
Reg 11: Need for consent	x						x
Reg 12: Safe care and treatment	x	х			х	х	
Reg 13: Safeguarding service users from abuse and improper treatment					x		
Reg 14: Meeting nutritional and hydration needs	x						
Reg 15: Premises and equipment							
Reg 16: Receiving and acting on complaints				x			
Reg 17: Good governance		x	х	x	х	х	
Reg 18: Staffing						`	
Reg 19: Fit and proper persons employed							
Reg 20: Duty of candour							



Key Question: Well-led

There is an inclusive and positive culture of continuous learning and improvement. This is based on meeting the needs of people who use services and wider communities, and all leaders and staff share this. Leaders proactively support staff and collaborate with partners to deliver care that is safe, integrated, person-centred and sustainable, and to reduce inequalities.

Quality Statements

- Shared direction and culture We have a shared vision, strategy and culture. This is based on transparency, equity, equality and human rights, diversity and inclusion, engagement, and understanding challenges and the needs of people and our communities in order to meet these.
- Capable, compassionate and inclusive leaders We have inclusive leaders at all levels who understand the context in which we deliver care, treatment and support and embody the culture and values of their workforce and organisation. They have the skills, knowledge, experience and credibility to lead effectively. They do so with integrity, openness and honesty.
- 3. Freedom to speak up We foster a positive culture where people feel that they can speak up and that their voice will be heard.
- Workforce equality, diversity and inclusion We value diversity in our workforce. We work towards an inclusive and fair culture by improving equality and equity for people who work for us.
 Governance, management and sustainability We have clear responsibilities, roles, systems of accountability and good governance. We use these to
- Governance, management and sustainability We have clear responsibilities, roles, systems of accountability and good governance. We use these to manage and deliver good quality, sustainable care, treatment and support. We act on the best information about risk, performance and outcomes, and we share this securely with others when appropriate.
 Description:
- Partnerships and communities We understand our duty to collaborate and work in partnership, so our services work seamlessly for people. We share
 information and learning with partners and collaborate for improvement.
 Learning, improvement and innovation We focus on continuous learning, innovation and improvement across our organisation and the local system. We
- 7. Learning, improvement and innovation We focus on continuous learning, innovation and improvement across our organisation and the local system. We encourage creative ways of delivering equality of experience, outcome and quality of life for people. We actively contribute to safe, effective practice and research
 8. Environmental system was a provided and account of the provided and the provided and account of the provided account of the provided and account of the provided account of the provided
- Environmental sustainability sustainable development We understand any negative impact of our activities on the environment and we strive to make a
 positive contribution in reducing it and support people to do the same.



X – Regulated Activities Regulations 2014 Related Regulations: Well-led X – Can also consider from Regulated Activities Regulations 2014 Quality Stateme Capable, Environmental Shared Workforce equality, Governance, Partnerships Learning, improvement sustainability compassionate Freedom to lirection and diversity and management and and inclusive speak up CQC Related Regulations culture inclusion and sustainability communities and innovation development leaders Reg 6: Requirement where the service х provider is a body other than a partnership Reg 7: Requirements relating to registered х managers Reg 9: Person-centred care Reg 10: Dignity and Respect х Reg 11: Need for consent Reg 12: Safe care and treatment х х х х Reg 13: Safeguarding service users from buse and improper treatment Reg 14: Meeting nutritional and hydration needs Reg 15: Premises and equipment Reg 16: Receiving and acting on complaints х х Reg 17: Good governance х х Reg 18: Staffing х Reg 19: Fit and proper persons employed Reg 20: Duty of candour

Evidence categories

CQC have always asked for different types of evidence to help them make judgements in terms of the 5 key questions, the fundamental standards, compliance with the regulations and the overall rating of the service. With this new approach, the CQC has segmented the evidence they are seeking into 6 categories. Scoring against the evidence in each category will then be done by the CQC – more detail on scoring later on.



The CQC say that, in many ways, providers will already be familiar with the data and evidence that will be gathered and used. But, by introducing the six categories and setting out the evidence the CQC always need to collect and review to make a decision, alongside a way of scoring evidence, they feel it will create a more structured and consistent framework for assessing quality.

CQC have grouped the different types of evidence into 6 categories

- 1) Experience of people using care & support
- 2) Feedback from staff & leaders
- 3) Feedback from partners
- 4) Observation
- 5) Processes
- 6) Outcomes

The CQC have listed the key evidence categories by sector groups: see here and shown below: https://www.cqc.org.uk/assessment/evidence-categories/evidence-categories-sector-groups

Evidence categories

- <u>Ambulance services</u>
- Care homes and supported living services
- <u>Community health services and hospices</u>
- Homecare and shared lives services
- Independent doctors
- Mental health services
- NHS acute hospital services
- Primary health services

They say: 'We'll prioritise collecting evidence in these categories as part of our assessments. These lists are a guide, not a checklist. We will collect evidence in all the key evidence categories for a particular quality statement:

- for our first assessments under the new approach
- following new registrations.

We may look at other categories as well if evidence suggests that we need to.'

Note also that they say this: It is only the first assessment of our new approach, and for services newly registering with us, that we'll look at every key evidence category. For future assessments we may review evidence just in particular categories. [See <u>page 8</u> for our concerns about this approach]

More detail is shown below about each of the 6 evidence categories. Each category sets out the type of evidence they will use to understand:



- Quality of care being delivered
- Performance against each quality statement

The CQC have set out the types of evidence they will use during their assessment. The number of categories considered, and the source of evidence depends on:

- the type or model of service
- the level of assessment (service, provider, local authority or integrated care system)
- whether the assessment is for an existing service or at registration.
- 1) Experience of people using care & support

People's experience of health and care services

This is all types of evidence from people who have experience relating to a specific health or care service, or a pathway across services. It also includes evidence from families, carers and advocates for people who use services.

We define people's experiences as: "a person's needs, expectations, lived experience and satisfaction with their care, support and treatment. This includes access to and transfers between services".

Find out about the importance of people's experience in our assessments

https://www.cqc.org.uk/assessment/evidence-categories

Specific Westmann Boltom Bolto

1. People's Experience of Health and Care Services

"A person's needs, expectations, lived experience, and satisfaction with their care, support, and treatment, including access to and transfers between services."

Sources of Evidence from People's Experience:

- Phone calls, emails, and "Give Feedback on Care" forms received by CQC.
- Interviews with individuals and local organizations representing them.
- Survey results.
- Feedback from the public and service users obtained by various groups:
- Community and voluntary groups.
- Health and care providers
- Local Authorities.
- Groups representing:
- Individuals likely to have a poorer experience of care and outcomes.
- People with protected equality characteristics.
- Unpaid carers.





2) Feedback from staff & leaders

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3) Feedback from partners

Feedback from partners

This is evidence from people representing <u>organisations</u> that interact with the service or <u>organisation</u> that is being assessed.

We may gather evidence through interviews and engagement events.

The organisations include, for example:

- commissioners
- other local providers
- professional regulators
- accreditation bodies
- royal colleges
- · multi-agency bodies.

https://www.cqc.org.uk/assessment/evidence-categories

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4) **Observation**

Observation

Observing care and the care environment will remain an important way to assess quality.

Most observation will be carried out on the premises by CQC inspectors and Specialist Professional Advisors (SpAs).

External bodies may also carry out observations of care and provide evidence, for example, Local Healthwatch. Where the evidence from organisations such as Healthwatch is specifically about observation of the care environment, we will include it in this category, and not in the people's experiences category.

We will not use the observation category for local authority assessments. It does not apply to a local authority context.

All observation is carried out on site.

https://www.cqc.org.uk/assessment/evidence-categories

5) Processes

Processes

Processes are any series of steps, arrangements or activities that are carried out to enable a provider or organisation to deliver its objectives.

Our assessments focus on how effective policies and procedures are. To do this, we will look at information and data sources that measure the outcomes from processes. For example, we may consider processes to:

- measure and respond to information from audits
- · look at learning from incidents or notifications
- · review people's care and clinical records.





6) Outcomes

Outcomes

Outcomes are focused on the impact of care processes on individuals. They cover how care has affected people's physical, functional or psychological status.

We consider outcomes measures in context of the service and the specifics of the measure.

Some examples of outcome measures are:

- mortality rates
- emergency admissions and re-admission rates to hospital
- infection control rates
- vaccination and prescribing data.

https://www.cqc.org.uk/assessment/evidence-categories

The Outcomes category is interesting as no social care outcome measures are listed – when we questioned this, the response was as follows:

'The structure of our evidence categories draws on the <u>Donabedian model</u> where 'outcomes' have quite a specific meaning. In terms of the CQC evidence category then, Outcomes are the impact of care on people, and cover how care has affected people's physical, functional or psychological status.

Outcomes measures are not available for all types of services or care pathways; where they are available, they need to be considered carefully given the context of the service and the specifics of the measure. Examples of outcome measures include mortality rates, re-admission rates, emergency admission rates, and patient reported outcome measures following hip surgery. They are sourced from patient level data sets and national clinical audits, or initiatives such as the Patient Reported Outcome Measures programme.

If Outcome measures were available for ASC at the current time and in a way that meant they could be consistently applied in our assessments, we would look to use them. This is not where the sector is at. However, in ASC, it is fair to say that the 'outcomes' we want to assess are covered under our People's Experience evidence category. In other words, what is the sum total/impact of the provider's processes, how its staff are supported, how the service is run on etc. what people actually experience.

Our interpretation of this is that the lack of any formally accepted outcome measures for social care means that the CQC are not referencing any specific outcome measures in relation to this evidence category.

NCF observations

There are a few observations to make on this point; firstly, this seems to provide an ideal opportunity for the social care sector to co-produce a set of formally accepted outcome measures with the regulator & some academic partners, rather than having one imposed. For example, the



University of Kent has done some excellent work on Quality of Life measures that we could consider adopting. Secondly, it makes it even more important to capture your own outcome measures/ evidence across the other evidence categories, obviously via the 3 feedback categories (lived experience, families/ friends, staff, partners) as well as in your processes and in any observation evidence. Thirdly, it might suggest, rather disappointingly, that the single assessment framework may have been more focused on regulating health, rather than social care.

Our observations about evidence and data: collating, assessing and managing all the information that could constitute evidence for any of the evidence categories is more important than ever in this new approach. Providers have long experience of doing and a focus on being proactive in gathering, recording, monitoring and understanding their own data is key.

Maintaining good working relationships with your key multi-agency partners is also a consideration as they are increasingly likely to be one of the sources of evidence that the CQC are seeking, and of course, overall the CQC's new strategy does take a risk-based approach. Risk-based regimes tend to focus on perceived negatives, even when there is little evidence to back up such concerns: for example, we have already seen that where the CQC receives feedback that an individual has had a poor experience of care, they will tend to always identify that as a concern going forward, even when other evidence sources do not indicate any issues. This means that it is particularly important to act if local authorities are raising concerns and work collaboratively with the local authority to demonstrate that the concern has been addressed.

Providers will want to be clear about how their current data and evidence can be segmented to support the different evidence categories and this will help you to see if there are any gaps.

Digital systems and technology may help with the process of information gathering, analysis and evidence generation, but of course, this brings issues of extracting and sharing data, access to systems and being fully aware of the picture your data is presenting.

Have a look at <u>Appendix 1</u> which has more detail on each evidence category for Care Homes & Supported Living and <u>Appendix 2</u> which has more detail on each evidence category for Home Care & Shared Lives.

New scoring system for the evidence categories

The CQC plans to use scoring in assessments with the intention to be clear and consistent when judging:

- ✓ Quality of care in a service
- ✓ How well Local Authorities follow the Care Act
- ✓ The performance of an integrated care system

The CQC will give a score to each applicable evidence category, based on the evidence that is presented to them/ received or observed - evidence can come from existing sources or on-site inspections. **All categories carry equal weight** - this is worth noting, given previous statements about the primary importance of the feedback from people with lived experience.

For the first assessments under the new approach, the CQC will review evidence under all the evidence categories. The CQC will then assign scores for each evidence category – see the Score column in the table below. However, going forward they have indicated that they may only look at some evidence categories in isolation (for example people's experience) and will adjust the scoring

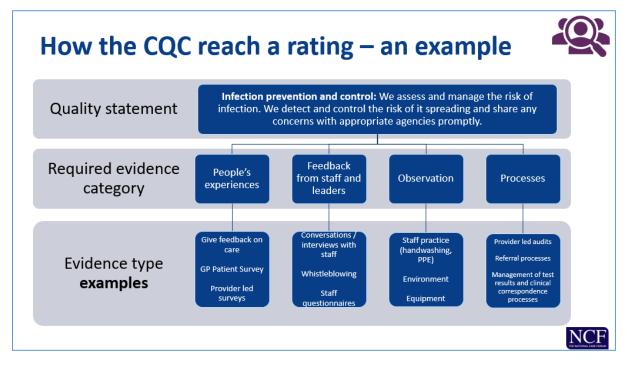


for that evidence category, which may in turn require adjustment of the rating for the quality statement and overall rating for the key question in turn.

The scoring options are a 4-point scale as follows:

- 4 = Exceptional standard.
- 3 = Good standard.
- 2 = Some shortfalls.
- 1 = Significant shortfalls.

The scoring of each of the up to 6 evidence categories will then feed up to the scoring for each quality statement.



For each quality statement, the CQC teams will review the evidence they have against each required evidence category and give a score of between 1 and 4 based on the strength of what they find. The scores awarded to all of the relevant evidence categories are added up and then calculated to create a percentage for that quality statement.

The percentage is then translated back into a score using the metric below:

Percentage band	Score	Rating
25-38%	1	Inadequate
39-62%	2	Requires improvement
63-87%	3	Good
87% <	4	Outstanding



THC1

The reason for the extra step is to make the process easier to understand (in theory) and make it easier for the CQC to combine the scores for the different quality statements to produce a rating for that key question.

To get a rating for the key question, the CQC add up the scores for each quality statement and divide that figure by the maximum possible score to get a percentage.

The percentage is then converted into a rating using the thresholds in the box above. For example, a percentage score of 58% would result in a rating of 'Requires Improvement'.

Example

Below is an example of how the CQC will assess a quality statement.

The example quality statement is 'learning culture' which sits under the Safe key question: "We have a proactive and positive culture of safety based on openness and honesty, in which concerns about safety are listened to, safety events are investigated and reported thoroughly, and lessons are learned to continually identify and embed good practices."

For learning and culture, the CQC will look at the following evidence categories:

- People's experiences
- Feedback from staff and leaders
- Feedback from partners
- Processes

They will review various types of evidence under each category and assign a score to the overall category – see the example on the slide below.

How the CQC r	each a ratin	g – example
Evidence category	Score	
People's experiences	1	
Feedback from staff and leaders	3	25-38% = 1
Feedback from partners	2	39-62% = 2
Processes	2	63-87% = 3
Total score ÷ maximum score	8÷16=50%	>87% = 4
Total quality statement score	2	
		NG



The scores are added up to get a total, in this case, 8. The score is then divided by the maximum possible score to get a percentage. The maximum possible score is 16 because the CQC are reviewing 4 evidence categories and the highest score for each one is 4 ($4 \times 4 = 16$).

This gives a percentage score of 50%. Using the metric in the grey box on the slide, the CQC will convert the percentage into a score. 50% results in a score of 2.

The CQC will then combine all the quality statement scores to get a rating for the key question. The score (2) for learning culture will therefore be added up with all the other scores for the quality statements under Safe and divided by the maximum possible score to get a percentage again.

How the CQC r	each a ratin	g – example
Learning culture Medicines optimisation	2	
Safe systems, pathways and transitions	1	25-38% = Inadequate
Infection prevention and control	2	39-62% = Requires
Safeguarding	1	improvement
Involving people to manage risks	2	63-87% = Good >87% = Outstanding
Safe environments	1	>or % - Outstanding
Safe and effective staffing	2	
Total score ÷ maximum score	13÷32=41%	
Key question rating	Requires improvement	NC

There are 8 quality statements under Safe which means that the maximum possible score is 32. In the example, the total score is 13. $13 \div 32 = 41\%$.

That is then translated into a rating, using the percentage bands outlined by the CQC (see the grey box on the slide), to give an overall rating for that key question. 41% sits in the 'Requires Improvement' band, which means that the rating for the key question (Safe) is 'Requires Improvement'.

The CQC will then aggregate the scores for the key questions to give a rating for their view of quality at an overall service level – **but the CQC have not given any further detail on the metric they will use to aggregate the scores.**

Rating limiters

The CQC have also included 'rating limiters' – they say that by using the following rules, they can make sure any areas of poor quality are not hidden.

If the key question score is within the 'good' range, but there is a score of 1 for one or more quality statement scores, the rating is limited to 'requires improvement'.

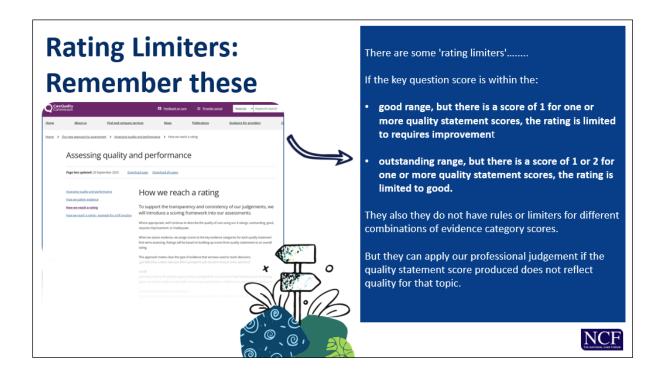


If the key question score is within the 'outstanding' range, but there is a score of 1 or 2 for one or more quality statement scores, the rating is limited to 'good'.

We do not have rules or limiters for different combinations of evidence category scores.

Note also they say this: **But we can apply our professional judgement if the quality statement score produced does not reflect quality for that topic.** Our judgements go through quality assurance processes.

NCF observation: this is a broad sweeping statement that potentially undermines all the evidencescoring approach above – we will ask for more clarity on what this actually means.



Overall ratings: the CQC calculates scores for overall ratings based on assessment type.

- > For service providers, CQC combines scores for key questions to rate overall quality.
- > For local authorities, CQC creates an overall score and rating.
- > For integrated care systems, CQC calculates theme scores and an overall score and rating.

Thinking about the scoring then, if a service is rated as 'good,' the score indicates if it's:

- Close to being 'outstanding' (high score).
- Closer to 'requires improvement' (low score).

Similarly, for a 'requires improvement' rating, the score tells us if it's:

- Nearing 'good' (high score).
- Closer to 'inadequate' (low score).

The CQC will initially publish only a provider's rating. They have indicated that they intend to publish the scores in the future, though they have not yet confirmed the level of scoring detail they will



publish, i.e., whether that would be scores for each quality statement and/or the individual evidence category scores.

Looking ahead: the CQC say: *As we are moving away from assessing at a single point in time, in future we will likely assess different areas of the framework on an ongoing basis. This means we can update scores for different evidence categories at different times. Any changes in evidence category scores can then update the existing quality statement score.* [See <u>page 8</u> for our concerns about this approach]

Roll out plans

The CQC have recently announced that they plan to start working with 14 early adopters from 21 November 2023. These will be across all the areas they regulate & will be in the south region (i.e., services registered in these counties: Berkshire, Buckinghamshire, Cornwall, Devon, Dorset, Gloucestershire, Hampshire, Kent, Oxfordshire, Somerset, Surrey, Sussex and Wiltshire). Note: these are not pilots, they are the real thing in terms of assessment under the new single assessment framework.

Early adopters

- To help us understand the experience of moving to the new assessment framework and to hear any feedback on the process, we will be working with 14 early adopter providers from 21 November.
- These providers are all in our south region and have volunteered to be part of this process.
- Our teams will work closely with them so they understand the process and what's expected.
- Including opportunities to feedback their experiences during and after their assessments

Samuel Wallace

The CQC are planning further rollout across other regions from December 2023 to February 2024.

NCF observation

We have repeatedly fed back to the CQC that NCF members and the wider sector are finding it tough to get ready for the new inspection framework. They feel unprepared mainly because they don't have enough information. This lack of information includes important details like what evidence they need to show, how they will be scored, how often inspections will happen, and so on.

They need clear information about what exactly is expected of them – details about how they'll be inspected, what they need to show, and how they'll be scored. They will have to go through a new systematic segmentation of evidence against new quality statements, which will take time.



They want practical help – something like a handbook or toolkit that puts all the necessary information in one place (as it's quite difficult to find things on the website as it's all over the place). This way, they can easily understand what's expected of them without getting lost in confusing details.

Liz Jones, Policy Director: Email: <u>liz.jones@nationalcareforum.org.uk</u>



Appendix 1 – Care Homes & Supported Living detail for each evidence category

Safe - Evidence Categories for Care Homes and Supported Living

Safe - Evidence Categories for Care Homes and Supported Living

For all **Safe** quality statements for care homes and supported living, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Safe - Evidence Categories for Care Homes and Supported Living (1)

Learning culture

We have a proactive and positive culture of safety based on openness and honesty, in which concerns about safety are listened to, safety events are investigated and reported thoroughly, and lessons are learned to continually identify and embed good practices. Evidence Categories

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

categories will be looked a Feedback from partners

- commissioners and other system partners (supported living services) health and care professionals working with the service (supported living services)
- Processes
- duty of candour records
- evidence of learning and improvement incident, near misses and events records

Safe systems, pathways and transitions We work with people and our partners to establish and maintain safe systems of care, in which safety is managed, monitored and assured. We ensure continuity of care, including Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Feedback from partners

Feedback from partners

- commissioners and other system partners health and care professionals working in or with the service
- multidisciplinary team meeting records
 multidisciplinary team meeting records
- people's care records or clinical records
- records of referral, transfer or transition of care

Safeguarding

Sateguarding We work with people to understand what being safe means to them as well as with our partners on the best way to achieve this. We concentrate on improving people's lives while protecting their right to live in safety, free from bullying, harassment, abuse, discrimination, avoidable harm and neglect. We make sure we share concerns quickly and appropriately. Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Observation staff curture (including how they deliver care, etaff culture and hobsidaure).

staff practice (including how they deliver care, staff culture and behaviours) Processes

- DoLS and Court of Protection (POA) records Mental Capacity Act records and training people's care records or clinical records
- safeguarding policy, records and training

Involving people to manage risks

We work with people to understand and manage risks by thinking holistically so that care meets their needs in a way that is safe and supportive and enables them to do the things that matter to

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

- Observation

 equipment
 staff practice (including how they deliver care, staff culture and behaviours)
- the care environment Processes
- DoLS and Court of Protection (POA) records
- people's care records or clinical records records of restrictive practice



Safe - Evidence Categories for Care Homes and Supported Living (2)

We detect and control potential risks in the care environment. We make sure that the equipment, facilities and technology support the delivery of safe care Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Observation

- equipment
- staff practice (including how they deliver care, staff culture and behaviours) the care environment
- Processes
- business continuity plans ance and calibration records (care homes only)
- equipment mainter risk assessments

Safe and effective staffing We make sure there are enough qualified, skilled and experienced people, who receive effective support, supervision and development. They work together effectively to provide safe care that meets people's individual needs.

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence

categories will be looked at: Observation

staff practice (including how they deliver care, staff culture and behaviours)

Processes

- recruitment records
- staff vacancy and turnover rate
 staff records, including appraisal, training, development and competency
- training in communication with people with a learning disability and autistic people

equipment

the care enviro

Medicines optimisation We make sure that medicines and treatments are safe and meet people's needs, capacities and

Infection prevention and control - We assess and manage the risk of infection. We detect and control the risk of it spreading and share any concerns with appropriate agencies promptly. Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Observation

staff practice (including how they deliver care, staff culture and behaviours)

Preferences by enabling them to be involved in planning, including when changes happen. **Evidence Categories** Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Observation equipment

- staff practice (including how they deliver care, staff culture and behaviours)
 the care environment
- Processes
- administration of and dispensing medicines, including 'when required' (PRN) me

Processes
infection prevention and control policy, audit and action plans

medicines audits, action plans and reviews people's care records or clinical records STOMP and STAMP records



Effective - Evidence Categories for Care Homes and Supported Living

Effective - Evidence Categories for Care Homes and Supported Living (1)

Assessing needs

We maximise the effectiveness of people's care and treatment by assessing and reviewing their health, care, wellbeing and communication needs with them.

Evidence Categories

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care
- Processes
- assessments and records of meeting needs under the Equality Act 2010
- assessments and/or best interest decisions under the MCA
- clinical tools to assess pain and monitor risk
- people's care records or clinical records

Delivering evidence-based care and treatment

We plan and deliver people's care and treatment with them, including what is important and matters to them. We do this in line with legislation and current evidence-based good practice and standards. **Evidence Categories**

People's experience

feedback from people collected by CQC, the provider, local community groups and other stakeholders

give feedback on care

- Feedback from staff and leaders
- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing Processes
- food and fluid charts
- people's care records or clinical records
- quality improvement activity





Effective - Evidence Categories for Care Homes and Supported Living (2)

How staff, teams and services work together

We work effectively across teams and services to support people. We make sure they only need to tell their story once by sharing their assessment of needs when they move between different services. **Evidence Categories**

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders give feedback on care
- Feedback from staff and leaders
- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing

Feedback from partners

- commissioners and other system partners
- health and care professionals working with the service Processes

- multidisciplinary team meeting records
- people's care records or clinical records

Supporting people to live healthier lives

We support people to manage their health and wellbeing so they can maximise their independence, choice and control. We support them to live healthier lives and where possible, reduce their future needs for care and support.

Evidence Categories

- People's experience feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care
- Feedback from staff and leadersfeedback from staff collected by CQC and the provider feedback from leaders
- whistleblowing

Feedback from partners

- commissioners and other system partners (supported living services)
- health and care professionals working with the service (supported living services)

Processes

- activities list
- annual health check or screening records
- care, education and treatment reviews (CETRs) hospital passport, people's care records or clinical records

Effective - Evidence Categories for Care Homes and Supported Living (3)

Monitoring and improving outcomes

We routinely monitor people's care and treatment to continuously improve it. We ensure that outcomes are positive and consistent, and that they meet both clinical expectations and the expectations of people themselves.

Evidence Categories

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing

Processes

- people's care records or clinical records
- provider led audits and action plans

Consent to care and treatment

We tell people about their rights around consent and respect these when we deliver person-centred care and treatment. **Evidence Categories**

People's experience

feedback from people collected by CQC, the provider, local community groups and other stakeholders

give feedback on care Feedback from staff and leaders

feedback from staff collected by CQC and the provider

feedback from leaders

whistleblowing

- Processes
- best interest meetings, evidence of power of attorney
- capacity assessments consent policy
- people's care records/clinical records





Caring - Evidence Categories for Care Homes and Supported Living

Caring - Evidence Categories for Care Homes and Supported Living

For all **Caring** quality statements for care homes and supported living, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Caring - Evidence Categories for Care Homes and Supported Living (1)

Kindness, compassion and dignity

We always treat people with kindness, empathy and compassion and we respect their privacy and dignity. We treat colleagues from other organisations with kindness and respect.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Feedback from partners

- commissioners and other system partners
- health and care professionals working in or with the service

Observation

equipment

- staff practice (including how they deliver care, staff culture and behaviours)
- equipment

Treating people as individuals

We treat people as individuals and make sure their care, support and treatment meets their needs and preferences. We take account of their strengths, abilities, aspirations, culture and unique backgrounds and protected characteristics.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Feedback from partners

commissioners and other system partners (supported living services) health and care professionals working in or with the service (supported living services)

Observation

equipment staff practice (including how they deliver care, staff culture and . behaviours)

equipment Processes

people's care records or clinical records



Caring - Evidence Categories for Care Homes and Supported Living (2)

Independence, choice and control

We promote people's independence, so they know their rights and have choice and control over their own care, treatment and wellbeing. Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Observation

- equipment
- staff practice (including how they deliver care, staff culture and behaviours)
- eauipment
- Processes people's care records or clinical records

Workforce wellbeing and enablement

We care about and promote the wellbeing of our staff, and we support and enable them to always deliver person centred care. Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Processes

mechanisms to monitor, improve and promote staff safety and wellbeing

staff management policies
 staff sickness, vacancy and turnover rates

Responding to people's immediate needs

We listen to and understand people's needs, views and wishes. We respond to these in that moment and will act to minimise any discomfort, concern or distress. Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Observation

equipment

- staff practice (including how they deliver care, staff culture and behaviours) the care environment





Responsive - Evidence Categories for Care Homes and Supported Living

Responsive - Evidence Categories for Care Homes and Supported Living

For all **Responsive** quality statements for care homes and supported living, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Responsive - Evidence Categories for Care Homes and Supported Living (1)

Person-centred care

We make sure people are at the centre of their care and treatment choices and we decide, in partnership with them, how to respond to any relevant changes in their needs.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Observation

- staff practice (including how they deliver care, staff culture and behaviours)
 the care environment
- the care environment

Care provision, integration, and continuity We understand the diverse health and care needs of people and our local communities, so care is joined-up, flexible and supports choice and continuity. Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Feedback from partners • commissioners and other system partners

health and care professionals working in or with the service

rocesses
 arrangements to ensure continuity of care
 people's care records or clinical records

We provide appropriate, accurate and up-to-date information in formats that we tailor to individual needs.

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes arrangements to:

Providing information

- explain fees
- 2
- ensure continuity of care (supported living services only)
 identify people's communication preferences
 information sharing with people using services and those close to them
 meeting the Accessible Information Standard

Listening to and involving people We make it easy for people to share feedback and ideas or raise complaints about their care, treatment and support. We involve them in decisions about their care and tell them what's changed as a result.

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- advocacy and support service records
- collecting people's feedback, <u>taking action</u> and sharing learning
 complaints records and outcomes
 improvement plans and audits



Responsive - Evidence Categories for Care Homes and Supported Living (2)

Equity in access

We make sure that everyone can access the care, support and treatment they need when they need it.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following

evidence categories will be looked at: Feedback from partners (care homes only)

commissioners and other system partners

- health and care professionals working in or with the service
- Processes
- people's care records or clinical records provider led audits of processes
- records and risk assessments about accessible facilities and premises

Equity in experiences and outcomes

We actively seek out and listen to information about people who are most likely to experience inequality in experience or outcomes. We tailor the care, support and treatment in response to this.

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- people's care records or clinical records
- improvement plans and audits

Planning for the future

We support people to plan for important life changes, so they can have enough time to make informed decisions about their future, including at the end of their life.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

- Processes
- DNACPR and ReSPECT decisions
- end of life care planning
 people's care records or clinical records



Well-Led - Evidence Categories for Care Homes and Supported Living

Well-Led - Evidence Categories for Care Homes and Supported Living

For all **Well-Led** quality statements for care homes and supported living, the following evidence categories will be looked at:

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Well-Led - Evidence Categories for Care Homes and Supported Living (1)

Shared direction and culture

We have a shared vision, strategy and culture. This is based on transparency, equity, equality and human rights, diversity and inclusion, engagement, and understanding challenges and the needs of people and our communities in order to meet these. **Evidence Categories**

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- business plans
- equality, diversity, and inclusion policy
- monitoring service objectives
- vision, aims and strategy

Workforce equality, diversity and inclusion

We value diversity in our workforce. We work towards an inclusive and fair culture by improving equality and equity for people who work for us. Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- equality, diversity and inclusion policies and training
- flexible working arrangements
- reasonable adjustments and assistive technology for staff
- records of incidents towards staff
 workforce or EDI strategy and associated objectives and action plans

Capable, compassionate and inclusive leaders

We have inclusive leaders at all levels who understand the context in which we deliver care, treatment and support and embody the culture and values of their workforce and organisation. They have the skills, knowledge, experience and redibility to lead effectively. They do so with integrity, openness and honesty.

Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- evidence of compliance with schedule 3 and Fit and Proper Person Requirements
- leadership development and training
- recruitment and induction records
- registered manager status and changes

Freedom to speak up We foster a positive culture where people feel that they can speak up and that their voice will be heard.

Evidence Categories Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

 mechanisms for seeking and responding to staff feedback whistleblowing records



Well-Led - Evidence Categories for Care Homes and Supported Living (2)

Governance, management and sustainability

We have clear responsibilities, roles, systems of accountability and good governance. We use these to manage and deliver good quality, sustainable care, treatment and support. We act on the best information about risk, performance and outcomes, and we share this securely with others when appropriate Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

business continuity plans and risk register

- governance arrangements and organisation structure (roles and responsibilities)
- information security, data protection and GDPR arrangements
- quality management, systems and reporting
- workforce planning

Learning, improvement and innovation

Learning, improvement and innovation We focus on continuous learning, innovation and improvement across our organisation and the local system. We encourage creative ways of delivering equality of experience, outcome and quality of life for people. We actively contribute to safe, effective practice and research Evidence Categories Alongside feedback from staff and leaders. The following evidence categories will be looked

Processes

evidence of embedding learning and making improvements

evidence of engagement in innovation initiatives

Partnerships and communities

We understand our duty to collaborate and work in partnership, so our services work seamlessly for people. We share information and learning with partners and collaborate for improvement Evidence Categories

- Alongside feedback from staff and leaders. The following evidence categories will be looked at: People's experience
- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care Feedback from partners
- commissioners and other system partners
- health and care professionals working in or with the service
- Processes

examples of sharing learning and best practice

- records of collaboration
- Trusted Assessors/Discharge to Assess schemes

Environmental sustainability – sustainable development We understand any negative impact of our activities on the environment and we strive to make a positive contribution in reducing it and support people to do the same. Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at: Processes
green and carbon reduction plans and policies

- processes for recycling
 staff training in environmental sustainability







Safe - Evidence Categories for Homecare and Shared Lives

Safe - Evidence Categories for Homecare and Shared Lives

For all **Safe** quality statements for homecare and shared lives, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Safe - Evidence Categories for Homecare and Shared Lives (1)

Learning culture

We have a proactive and positive culture of safety based on openness and honesty, in which concerns about safety are listened to, safety events are investigated and reported thoroughly, and lessons are learned to continually identified or bed or and are safety are listened. identify and embed good practices.

Evidence Categories

- Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at: Processes
- duty of candour records
- evidence of learning and improvement
- incident, near misses and events records

Safe systems, pathways and transitions

We work with people and our partners to establish and maintain safe systems of care, in which safety is managed, monitored and assured. We ensure continuity of care, including when people move between different services.

Evidence Categories Alongside people's experience and feedback from staff and leaders, the following evidence

categories will be looked at:

- Feedback from partners
 commissioners and other system partners
 health and care professionals working in or with the service
- Processes

people's care records or clinical records
 records of referral, transfer or transition of care

Safeguarding

Sateguarding We work with people to understand what being safe means to them as well as with our partners on the best way to achieve this. We concentrate on improving people's lives while protecting their right to live in safety, free from bullying, harassment, abuse, discrimination, avoidable harm and neglect. We make sure we share concerns quickly and appropriately. Evidence Categories Evidence Categories Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at:

- Processes DoLS and Court of Protection (POA) records

- Mental Capacity Act records and training people's care records or clinical records safeguarding policy, records and training

Involving people to manage risks We work with people to understand and manage risks by thinking holistically so that care meets their needs in a way that is safe and supportive and enables them to do the things that matter to the needs in a way that is safe and supportive and enables them to do the things that matter to

Evidence Categories Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at: Processes

Infection prevention and control - We assess and manage the risk of infection. We detect and control the risk of it spreading and share any concerns with appropriate

minimising the risk of infection at the services (shared lives only)

equipment staff practice (including how they deliver care, staff culture and behaviours)

Evidence Categories Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at:

We make sure that medicines and treatments are safe and meet people's needs, capacities and preferences by enabling them to be involved in planning, including when changes happen. **Evidence Categories** Alongside people's experience and feedback from staff and leaders, the following evidence

arrangements to

agencies promptly.

Medicines optimisation

categories will be looked at:

the care environment Processes

Processes

Observation

respond to emergencies
 identify people in need of urgent medical treatment
DoLS and Court of Protection (POA) records
people's care records or clinical records

infection prevention and control policy

- records of restrictive practice



Safe - Evidence Categories for Homecare and Shared Lives (2)

Sate environments
We detect and control potential risks in the care environment. We make sure that the
equipment, facilities and technology support the delivery of safe care
Evidence Categories
Alongside people's experience and feedback from staff and leaders, the following evidence
categories will be looked at:
Processes
business continuity place for staff and leaders
business continuity place for staff and le

- business continuity plans (including in response to extreme weather events)
- environmental risk assessment
- equipment maintenance and calibration records health and safety risk assessments infection prevention and control audit and action plans

Safe and effective staffing

Sale and effective starting We make sure there are enough qualified, skilled and experienced people, who receive effective support, supervision and development. They work together effectively to provide safe care that meets people's individual needs. Evidence Categories Alongside people's experience and feedback from staff and leaders, the following evidence

categories will be looked at: Processes

- appraisal and supervision records
- recruitment records staff vacancy and turnover rate

- staffing and staff skill mix records training in communication with people with a learning disability and autistic people training, development and competency records į

administering and dispensing medicines medicines audits and action plans medicines reviews PRN protocols people's care records or clinical records





Effective - Evidence Categories for Homecare and Shared Lives

Effective - Evidence Categories for Homecare and Shared Lives

For all **Effective** quality statements for homecare and shared lives, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Effective - Evidence Categories for Homecare and Shared Lives (1)

Assessing needs

We maximise the effectiveness of people's care and treatment by assessing and reviewing their health, care, wellbeing and communication needs with them.

Evidence Categories

Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at:

Processes

- assessments and records of meeting needs under the Equality Act 2010
- assessments and/or best interest decisions under the MCA
- clinical tools to assess pain and monitor risk people's care records or clinical records

Delivering evidence-based care and treatment

We plan and deliver people's care and treatment with them, including what is important and matters to them. We do this in line with legislation and current evidence-based good practice and standards. Evidence Categories
Alongside people's experience and feedback from staff and leaders, the following evidence
categories will be looked at:
Processes

people's care records or clinical records quality improvement activity

Evidence Categories

How staff, teams and services work together

Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at:

We work effectively across teams and services to support people. We make sure they only need to tell their story once by sharing their assessment of needs when they move between

Feedback from partners

different services.

- commissioners and other system partners health and care professionals working with the service
- Processes
- information sharing and transfer of records across or between services
- multidisciplinary team meeting records people's care records or clinical records

Supporting people to live healthier lives

beyon the people to manage their health and wellbeing so they can maximise their independence, choice and control. We support them to live healthier lives and where possible, reduce their future needs for care and support.

Evidence Categories

Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at: Feedback from partners

dback from partners commissioners and other system partners (shared lives services) health and care professionals working with the service (shared lives services)

Processes people's care records or clinical records



Effective - Evidence Categories for Homecare and Shared Lives (2)

Monitoring and improving outcomes

We routinely monitor people's care and treatment to continuously improve it. We ensure that outcomes are positive and consistent, and that they meet both clinical expectations and the expectations of people themselves.

Evidence Categories

Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at:

Processes

- people's care records or clinical records
- provider led audits and action plans

Consent to care and treatment

We tell people about their rights around consent and respect these when we deliver person-centred care and treatment. Evidence Categories

Alongside people's experience and feedback from staff and leaders, the following evidence categories will be looked at: Processes

- best interest meetings, evidence of power of attorney
- capacity assessments
- consent policy
- people's care records/clinical records





Caring - Evidence Categories for Homecare and Shared Lives

Caring - Evidence Categories for Homecare and Shared Lives

For all **Caring** quality statements for Homecare and Shared Lives, the following evidence categories will be looked at:

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Caring - Evidence Categories for Homecare and Shared Lives (1)

Kindness, compassion and dignity

We always treat people with kindness, empathy and compassion and we respect their privacy and dignity. We treat colleagues from other organisations with kindness and respect.

Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from partners

- commissioners and other system partners
- health and care professionals working in or with the service

Treating people as individuals

We treat people as individuals and make sure their care, support and treatment meets their needs and preferences. We take account of their strengths, abilities, aspirations, culture and unique backgrounds and protected characteristics.

Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care
- Feedback from partners
- commissioners and other system partners (shared lives services)
- health and care professionals working in or with the service (shared lives services)

Processes

people's care records or clinical records



Caring - Evidence Categories for Homecare and Shared Lives (2)

Independence, choice and control

We promote people's independence, so they know their rights and have choice and control over their own care, treatment and wellbeing.

Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be

People's experience

looked at:

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Processes

people's care records or clinical records

Workforce wellbeing and enablement

We care about and promote the wellbeing of our staff, and we support and enable them to always deliver person centred care.

Evidence Categories Alongside feedback from staff and leaders, the following evidence categories will

be looked at:

Processes

mechanisms to monitor, improve and promote staff safety and wellbeing

staff management policies staff sickness, vacancy and turnover rates

Responding to people's immediate needs

We listen to and understand people's needs, views and wishes. We respond to these in that moment and will act to minimise any discomfort, concern or distress. **Evidence Categories**

Alongside feedback from staff and leaders, the following evidence categories will be looked at:

People's experience

feedback from people collected by CQC, the provider, local community groups and other stakeholders

give feedback on care





Responsive - Evidence Categories for Homecare and Shared Lives

Responsive - Evidence Categories for Homecare and Shared Lives

For all **Responsive** quality statements for homecare and shared lives, the following evidence categories will be looked at:

People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Responsive - Evidence Categories for Homecare and Shared Lives (1)

Person-centred care

We make sure people are at the centre of their care and treatment choices and we decide, in partnership with them, how to respond to any relevant changes in their needs. Evidence Categories

Care provision, integration, and continuity
We understand the diverse health and care needs of people and our local communities, so
care is joined-up, flexible and supports choice and continuity.
Evidence Categories
Alongside people's experience and feedback from staff and leaders. The following evidence
categories will be looked at:
Evidence to the people of the

People's experience and feedback from staff and leaders

Feedback from partners
 commissioners and other system partners
 health and care professionals working in or with the service

Care provision, integration, and continuity

Processes people's care records or clinical records arrangements to ensure continuity of care

Providing information

Evidence Categories

Evidence Lategories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- arrangements to: arrangements to: cxplain fees identify people's communication preferences information sharing with people using services and those close to them meeting the Accessible Information Standard

Listening to and involving people

Listening to and involving people We make it easy for people to share feedback and ideas or raise complaints about their care, treatment and support. We involve them in decisions about their care and tell them what's changed as a result.

Evidence Categories Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Processes

- advocacy and support service records
 collecting people's feedback, taking action and sharing learning
 complaints records and outcomes
- improvement plans and audits



Responsive - Evidence Categories for Homecare and Shared Lives (2)

Equity in access

We make sure that everyone can access the care, support and treatment they need when they need it.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- people's care records or clinical records
- provider led audits of processes

Equity in experiences and outcomes

We actively seek out and listen to information about people who are most likely to experience inequality in experience or outcomes. We tailor the care, support and treatment in response to this.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- people's care records or clinical records
- improvement plans and audits

Planning for the future

We support people to plan for important life changes, so they can have enough time to make informed decisions about their future, including at the end of their life.

Evidence Categories

Alongside people's experience and feedback from staff and leaders. The following evidence categories will be looked at: Processes

- DNACPR and ReSPECT decisions
- end of life care planning
- people's care records or clinical records





Well-Led - Evidence Categories for Homecare and Shared Lives

Well-Led - Evidence Categories for Homecare and Shared Lives

For all **Well-Led** quality statements for homecare and shared lives, the following evidence categories will be looked at:

Feedback from staff and leaders

- feedback from staff collected by CQC and the provider
- feedback from leaders
- whistleblowing





Well-Led - Evidence Categories for Homecare and Shared Lives (1)

Shared direction and culture

We have a shared vision, strategy and culture. This is based on transparency, equity, equality and human rights, diversity and inclusion, engagement, and understanding challenges and the needs of people and our communities in order to meet these. Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

- Processes
- business plans
- equality, diversity, and inclusion policy
- monitoring service objectives
- vision, aims and strategy

Workforce equality, diversity and inclusion We value diversity in our workforce. We work towards an inclusive and fair culture by improving equality and equity for people who work for us. Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- equality, diversity and inclusion policies and training flexible working arrangements, reasonable adjustments and assistive technology for staff
- records of incidents towards staff
- workforce or EDI strategy and associated objectives and action plans

Capable, compassionate and inclusive leaders

We have inclusive leaders at all levels who understand the context in which we deliver care, treatment and support and embody the culture and values of their workforce and organisation. They have the skills, knowledge, experience and credibility to lead effectively. They do so with integrity, openness and honesty.

Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

- evidence of compliance with schedule 3 and Fit and Proper Person Requirements
- leadership development and training
- recruitment and induction records

Freedom to speak up

We foster a positive culture where people feel that they can speak up and that their voice will be heard.

Evidence Categories

Alongside feedback from staff and leaders. The following evidence categories will be looked at:

Processes

mechanisms for seeking and responding to staff feedback
 whistleblowing records



Well-Led - Evidence Categories for Homecare and Shared Lives (2)

Governance and assurance

We have clear responsibilities, roles, systems of accountability and good governance. We act on the best information about risk, performance and outcomes, and we share this securely with others when appropriate

Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be looked

Processes

- business continuity plans and risk register
- governance arrangements and organisation structure (roles and responsibilities)
- information security, data protection and GDPR arrangements
- quality management, systems and reporting
- workforce planning

Learning, improvement and innovation

We focus on continuous learning, improvement arross our organisation and the local system. We encourage creative ways of delivering equality of experience, outcome and quality of life for people. We actively contribute to safe, effective practice and research Evidence Categories Alongside feedback from staff and leaders, the following evidence categories will be looked

Processes

- evidence of embedding learning and making improvements evidence of engagement in innovation initiatives

Partnerships and communities

We understand our duty to collaborate and work in partnership, so our services work seamlessly for people. We share information and learning with partners and collaborate for improvement Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be looked at: People's experience

- feedback from people collected by CQC, the provider, local community groups and other stakeholders
- give feedback on care
- Feedback from partners
- commissioners and other system partners health and care professionals working in or with the service
- Processes
- examples of sharing learning and best practice
- records of collaboration
- Trusted Assessors/Discharge to Assess schemes

Environmental sustainability – sustainable development We understand any negative impact of our activities on the environment and we strive to make a positive contribution in reducing it and support people to do the same. Evidence Categories

Alongside feedback from staff and leaders, the following evidence categories will be looked at:

- Processes
 green and carbon reduction plans and policies
- processes for recycling staff training in environmental sustainability